

September				
Monday	Tuesday	Wednesday	Thursday	Friday
01	02 First Day of School	03	04	05
	10's in morning 20/30 afternoon Overview	All food safety and sanitation	10's food safety 20/30's knife skills and kitchen review	20/30 in kitchen for prep
08	09	10 School Council	11 Meet the Teacher	12 First day of rotation #1
Cream of Tomato Soup Grilled Ham and Cheese and Soup Combo	Chicken Noodle Soup Mac and Cheese Potato Salad	Chicken Tortilla Soup Jerk Chicken Rice and Bean, Pickled Veg	Corn Chowder Pulled Pork Quesadilla Chips and Salsa	Chef's Choice Light Service Items
15	16	17	18	19 Terry Fox
Broccoli and Cheddar Soup Penne Bolognese Garden Salad and Garlic Toast	French Onion Soup Teriyaki Chicken Rice Bowl	Cream of Mushroom Soup Butter Chicken Cumin Rice, Naan and Riata	New England Clam Chowder Beef Kofta Turmeric Rice and Cucumber Salad	Chef's Choice Light Service Items
22	23	24	25	26
Beef Barley Soup Beef Stroganoff Butter Noodles and Caesar Salad	Lemon orzo Chicken Soup Thai Chicken Green Curry Coconut Rice and Crispy Onion	Miso Pork Soup Pizza By the Slice	Three Sisters' Soup Bannock Beef Tacos	Chef's Choice Light Service Items
29 Student Conferences	30			
Non-Instructional Day	National Day for Truth and Reconciliation			

October				
Monday	Tuesday	Wednesday	Thursday	Friday
		01	02	03
		Cream of Carrot Cheddar Cheese and Potato Perogies Grilled Sausage and Sour Cream	Rice and Curried Chicken Soup Korean Cheesesteak Sandwich Houst cut Fries	Chef's Choice Light Service Items
06 First day of rotation #2	07	08 School Council	09	10
Cream of Roasted Tomato Soup Beef Lasagna Side Garden Salad, Garlic Toast	Cuban Chicken Soup Karaage Chicken Rice Bowl	Cream of Roasted Cauliflower Curry Chicken Pot Pie Cucumber and Mint Salad	Potato and Roasted Garlic Soup Pulled Pork Burrito Corn Chips and Salsa	Chef's Choice Light Service Items
13	14	15	16	17
Thanksgiving	Minestrone Soup Penne Arrabbiata Caesar Salad and Garlic Toast	Three Sisters Soup African Peanut and Chicken Stew Tomato Cucumber Salad	Roasted Red Pepper Soup Beef Chili Jalapeno Corn Bread	Chef's Choice Light Service Items
20	21	22	23	24
Non-Instructional Day General Election	Hot and Sour Soup Spaghetti Bolognese Side Garde Salad and Garlic Toast	Sweet Potato and Coconut Chowder Chicken Souvlaki Rice, Greek Salad and Pita	Chicken Chowder Cheddar and Potato Perogies Sausage and Sour Cream	Chef's Choice Light Service Items
27	28	29	30 Term 2 Begins	31
Mexican Noodle Soup Beef Stroganoff Buttered Noodles and Side Salad	Tom Yum Soup Korean Chicken Rice Bowl	Curried Coconut Squash Soup Pizza by the Slice	Beef Barley Soup Sausage, Shrimp and Chicken Jambalaya with Rice	Chef's Choice Light Service Items

November				
Monday	Tuesday	Wednesday	Thursday	Friday
03 First day of Rotation #3	04	05 School Council	06	07 Remembrance Ceremony
Potato and Bacon Chowder Mac and Cheese Side Green Salad	Cream of Tomato Soup Grilled Ham and Cheese Sandwich House Cut Fries	Chicken Noodle Soup Vietnamese Chicken Noodle Bowl	Split Pea and Ham Soup Bowness Burger Waffle Fries	Chef's Choice Light Service Items
10	11	12	13	14
Fall Break	Fall Break	Fall Break	Spicy Tomato and Chickpea Soup Beef Lasagna Caesar Salad and Garlic Toast	Chef's Choice Light Service Items
17	18	19	20	21
Three Sisters Soup Fettuccine Alfredo Side Garden Salad and Garlic Toast	Broccoli and Cheddar Soup Grilled Turkey and Swiss Sandwich House Made Onion Rings	Corn and Jalapeno Chowder Pulled Pork Quesadilla Corn Chips and Salsa	Pork Ramen Philly Cheesesteak Sandwich Pasta Salad	Chef's Choice Light Service Items
24	25	26	27	28
Cream of Mushroom Soup Chicken Chow Mein	Mulligatawny Soup Beef Chili Jalapeno Corn Bread	Jamaica Chicken Stew Pork Katsu Rice Bowl	Beef Pho Pulled Pork Sandwich Coleslaw and Chips	Non-Instructional Day

December				
Monday	Tuesday	Wednesday	Thursday	Friday
01 First day of Rotation #4	02	03	04	05
Seafood Chowder Linguini Carbonara Side Salad and Garlic Toast	Italian Wedding Soup Chicken Coq au Vin Roasted Potatoes and Vegetables	Zucchini Soup Pizza by the Slice	Cream of tomato Soup Meatloaf Mashed Potato and Vegetables	Chef's Choice Light Service Items
08	09	10 Touch of Class School Council	11	12
Roasted Cauliflower Soup Pork Schnitzel Spätzle and Braised Cabbage	Frech Onion Soup Chicken Saag Curry Rice, Nann and Riata	Turkey Noodle Soup Turkey Dinner	Potato Chowder Rueben Sandwich Coleslaw and Chips	Chef's Choice Light Service Items
15 BVS Awards	16	17	18	19
Kimchi Soup Chicken Japchae	Lemon Chicken Orzo Soup Cubano Sandwich Tajine Chips	Mushroom and Wild Rice Soup Cheddar and Potato Perogies Grilled Sausage and Sour Cream	Sweet Potato and Coconut Soup Barbeque Beef Sandwich Potato Salad	Chef's Choice Light Service Items
22	23	24	25	26
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
29	30	31		
Winter Break	Winter Break	Winter Break		

