high school success







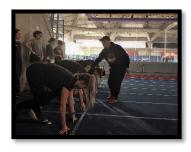
High Performance Athlete Development Pathway

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What?

- A unique pathway that engages high school athletes in technical, theoretical and experiential opportunities committed to the pursuit of high performance athletic development.
- Advances competence and confidence in athletic and academic success, supported by a passionate staff and school community.
- The CBE's first high performance athlete development pathway that is based on *long term athlete development principles* which builds; motivation, confidence, physical literacy, and life long passion for physical activity.
- Students attain, develop, and advance their athletic knowledge and skill
 development through theory, training, and immersion experiences in sport.
 Immersion experiences have included; track and field, skeleton, bobsleigh,
 speed skating, Olympic lifting, fencing, lacrosse, orienteering, rowing,
 wrestling, volleyball.
- Recognized by the Canadian Olympic Committee, Canadian Paralympic Committee, Own The Podium, and partnered with Canadian Sport Institute Calgary.

Who?

 Open to students entering grade 10 who are motivated, open minded, coachable athletes and looking to expand their knowledge and skills.

Where?

 Bowness High School gymnasium, fitness centers and surrounding community areas. Along with many other high performance sites including Winsport Ice House, Calgary Rowing Club, and more.

Why?

- Provides exposure to new sports and athletic experiences, led by provincial and national level coaches and sport professional.
- Gives opportunities in unique settings for student-athletes to develop improved body awareness, directly supporting confidence and competence in physical literacy.
- Brings together athletically minded students while supporting personal and collaborative goals.









